

# The day AFTER a tragedy

is not the day to learn you could have saved someone's life

In the event of a sudden cardiac arrest,  
a victim will suffer irreversible brain  
damage in as little as 4 minutes

In the event of a traumatic injury,  
a victim can potentially bleed out  
in as little as 3 minutes.

## SAVE A LIFE NIGHT

Bystanders are the critical link to survival in those precious few minutes prior to the arrival of an ambulance. Join your friends and neighbors and learn the live-saving skills to help a victim in sudden cardiac arrest or from a life-threatening, traumatic injury.

**DATE:** Wednesday, May 20, 2020  
**TIME:** 6:30 PM - 8:30 PM (Registration begins at 6 p.m.)  
**LOCATION:** First Church of God  
144 South Market Street  
Elizabethtown, PA 17022



Northwest EMS invites ALL PERSONS over the age of 16 to attend this FREE educational event where you will learn Hands Only CPR® and Stop The Bleed® traumatic hemorrhage control.

*This event is sponsored by Northwest EMS in partnership with the First Church of God, the Elizabethtown Police Department, the Elizabethtown Fire Company and State Representative Dave Hickernell*

**Don't wait until a tragedy happens to learn these simple, life-saving skills!**



**REGISTER TO ATTEND by emailing: [events@nwems86.org](mailto:events@nwems86.org)**  
**Direct questions to Lori Shenk, Community Outreach Manager at [lshenk@nwems86.org](mailto:lshenk@nwems86.org)**

# This event is FREE of charge!